



SEPTEMBER 2013



The Golden Gazette



Fraser Activity Center
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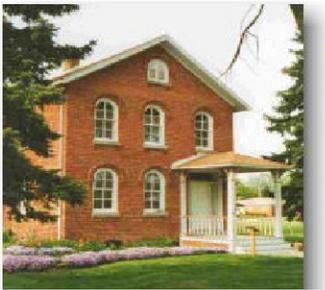
OFFICE HOURS: MONDAY - THURSDAY 9AM-4:30PM, FRIDAY 9AM-2:30PM



HARVEST PARTY

November 19th, Doors at 11 am, Lunch at 11:30 am

Bring in the fall with friends and fun! This harvest inspired party will have everything you love about fall- fall foods, fall treats, a do-it-yourself fall luminary and a lesson in line dancing! On the menu: Water, Coffee, Apple Cider, Roast Turkey, Sweet Candied Potatoes, Stuffing, Green Beans, Salad, and apple or pumpkin pie. Get your tickets today! Cost is \$9 member/ \$11 non-member!



Baumgartner House Museum and Gardens Tour

Wednesday, October 23rd

Bus Departs at Noon from the Activity Center

The Baumgartner House is the oldest house in Fraser!
Join us as we take a tour that lasts a half an hour.
THIS IS A FREE TRIP! SIGN UP TODAY!



Antiques and Farmers Market

Friday, September 27th

Van departs at 9:30, returns at 1:30pm

The Royal Oak Farmers Market offers a wide variety of Antiques and collectibles and farm fresh items! Shop at the Farmers Market at your leisure and then we will grab a bite to eat at Leo's Coney Island on Main Street in Downtown Royal Oak. Feel free to sit on the patio or inside!

Cost is \$5 members/\$7 non-members and includes Transportation, any items and lunch are on your own.

Refunds, exchanges or transfers on programs or events will only be given if the cancellation is made 48 hours in advance with the director's discretion. No-shows or late notice cancellations will not be given a refund, exchange or transfer.

Day Trips

HOLLYWOOD CASINO & DIAMOND JACK BOAT CRUISE

SATURDAY, SEPTEMBER 14TH

This exciting package includes the best of both worlds! Roundtrip motorcoach, five hours at the Hollywood Casino in Toledo Ohio, \$15 freeplay, a narrated cruise of the Detroit River on the Diamond Jack, and complimentary snacks on the cruise! Cost is \$59 per person.

**Checks only please, payable to:
Capital Tours Worldwide.**

"NUNSENSATIONS!" MUSICAL COMEDY IN TURKEYVILLE

TUESDAY, OCTOBER 22ND

The Nonsense Vegas Revue takes the sisters on a brand new adventure! When a parishioner volunteers to donate \$10,000 to the sisters' school if they perform in a club in Las Vegas, Mother Superior is hesitant to accept...but the show goes on in this hilarious musical comedy! Your package includes roundtrip motorcoach, turkey meal at Cromwell's Dinner Theater, an afternoon performance, and shopping at their unique gift shops and bakery. Cost is \$75 per person

**Checks only please, payable to:
Capital Tours Worldwide.**

GRAND RAPIDS COLOR TOUR

FRIDAY, OCTOBER 4TH

Enjoy a beautiful day in Grand Rapids! Your package includes a roundtrip motorcoach, admission to the Blandford Center and guided wildlife tour, a luncheon cruise, and a visit to Robinett's Apple Orchard for shopping, cider or a hayride! Cost is \$85 per person.

**Checks only please, payable to:
Capital Tours Worldwide.**

HILLBERRY THEATRE "BIG LOVE"

WEDNESDAY, OCTOBER 30TH

Experience the Hillberry Theatre as you see fifty brides forced to marry their fifty cousins, only to be pursued and discovered by fifty grooms! Your package includes roundtrip motorcoach, admission to the Hillberry Theatre for the 2pm performance of Big Love and dinner at Sinbad's in Detroit.

Cost is \$69 per person.

**Checks only please, payable to:
Capital Tours Worldwide.**

For the Grandkids...

It is important for children to play, learn, exercise and socialize! Help enrich a child's life by participating in one of our programs or events... Grandparents are allowed!

Crafternoon - Ages 5-13 - First Saturday of the Month
Flag Football - Grades 1-6 - Starting Sept 24
Youth Cheerleading - Grades 3-5 Starting Sept 10
Bowling Leagues - Grades 3-6 - Starting Sept 28
Little Kickers - Ages 4-5 - Starting Sept 25
Self Defense - Ages 7-12 - Sept 21
Toddler Playschool - Ages 2 1/5 to 5 - Starting Oct 4

**For more information on these
and other programs call us at
586.296.8483!**

Princess & Superhero Party

Saturday, November 9th 1-3 pm

Kids ages 3-8 will enjoy games, a craft, lunch, some special visitors and a goodie bag. Cost for children is \$10 resident/\$12 non-resident, and for adults \$5 resident/ \$6 non-resident.

Children's Halloween Party

Sunday, October 27th at 11:30 & 1:30

At the Fraser Lions Hall (34540 Utica in Fraser)
This yearly event is available for FREE to Fraser Residents! Fraser Residents only please. Tickets are free of charge but limited to 6 per household. All adults must show proof of residency.

Upcoming Events

Euchre Tournaments

Friday, September 6th, October 4th,
November 1st

Sign up at 6:30pm, Game at 7pm

Cost is \$5 per person, with optional \$1 to enter high game. Come and test your skills at the game of euchre and have fun with friends you bring...or make! Ages 18+ welcome. Rules available at the Center. Two 50/50 raffles are available, and coffee and water are provided.

Motor City

Tuesday October 1st

Monday, November 4th,

Monday, December 2nd

****Beginning in November the Casino Trip will be the First MONDAY of the month****

Departs at 9 am and returns at 3:30 pm

Cost is \$17 for members or

\$20 for non-members for transportation and \$25 in reward play. Spaces are extremely limited. Sign up is first come, first served with member priority.

Waiting list is offered once filled. No sign up permitted without payment at time of registration.

RESTAURANT ROVERS

Tuesday, September 24th
Antonios Italian Cuisine

Enjoy the company of friends over a fabulous lunch. Cost is \$4 for transportation, however cost of lunch and lunch choice is on your own. Register soon as spaces are limited!

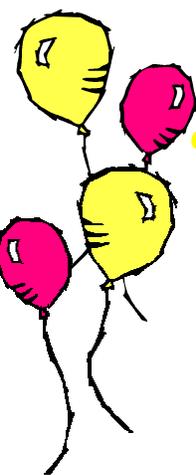
Have a craving for something in particular? Please let us know if there is a special place you would like to go. We are open to all suggestions!

CHAIR YOGA

Tuesdays at 11m Starting

September 17th and October 22nd

Chair Yoga focuses on increasing body movements and using a chair assures that people of all abilities are able to participate in this five week class. Cost is \$20/members, \$25 non/members



Fraser Fun Fest Bring the Grandkids!

Saturday, September 14th 1-3 pm

at the Fraser Activity Center

Cost is \$1 per resident,

\$2 per non-resident

Come out to the Fraser Activity Center for an afternoon of fun! Bring the grandkids and have a great afternoon!

We will have a bounce house, craft, face painting, magician and more!

Concessions will be available at a reasonable price. Get your tickets now!

Must show ID at time of purchase.



Ladies Night Out!

Great for some Mother-Daughter, or Granddaughter Time!

Saturday, November 23rd

5:30 pm - 9 pm

at the Fraser Activity Center

Come out for a night of shopping, food and pampering! Vendor show,

demonstrations and optional wine tasting will be featured at the event.

Basket raffle and ticket sales will benefit the Special Needs Programs and

Special Olympics in Fraser. Cost is \$5 in advance, \$8 at the door. Wine tasting

is at 4:30 pm and tickets are \$20, no tickets at door.

Refunds, exchanges or transfers on programs or events will only be given if the cancellation is made 48 hours in advance with the director's discretion. No-shows or late notice cancellations will not be given a refund, exchange or transfer.

FRIDAY AFTERNOON

MOVIES

At the Activity Center

Weekly Events

Reflexology & Massage by Roberta

Mondays by appointment only
Roberta Eggart has been a certified practitioner for 20 years. She uses pressure points on the hands, feet or back to massage, relax and promote good health. Call for an appointment (586) 445-9944

Blood Pressure Checks

Blood Pressure Checks are every 1st & 3rd Monday of the Month at 11:45 am
Brought to you by New Century Home Health Care

Cards- DROP IN FEE APPLIES .25

Pinochle - Monday and Wednesday at 12:30pm
Euchre - Thursdays at 12:30 pm
Duplicate Bridge - Fridays at 10am

Movies- DROP IN FEE APPLIES .25

Movies are every Friday at 12 pm. Each week features a new movie!

Bingo- DROP IN FEE APPLIES .25

Every Thursday at 9:30 am. Come and try your luck at Bingo! Cost is \$2 for 3 cards.

Wii Games- DROP IN FEE APPLIES .25

Every Monday at 1 pm
Join the Wii video game craze! These games are a great to improve hand-eye coordination and movement, and can be done while seated.

Seniors Co-ed 55+ Pickleball

Tuesday and Friday at 10 am
Pickleball is a mix between ping-pong and tennis and is a lot of fun! Don't know how to play? No problem! Call the Center to set up a free lesson! Drop-in fee: \$1 members, \$2 non-members.

Bunco- DROP IN FEE APPLIES .25

This fun dice game is played every 3rd Tuesday of the month at 12:30pm at the Center. Please call ahead one week prior to register. Cost is \$2 the day of the game.

Coffee and Donuts

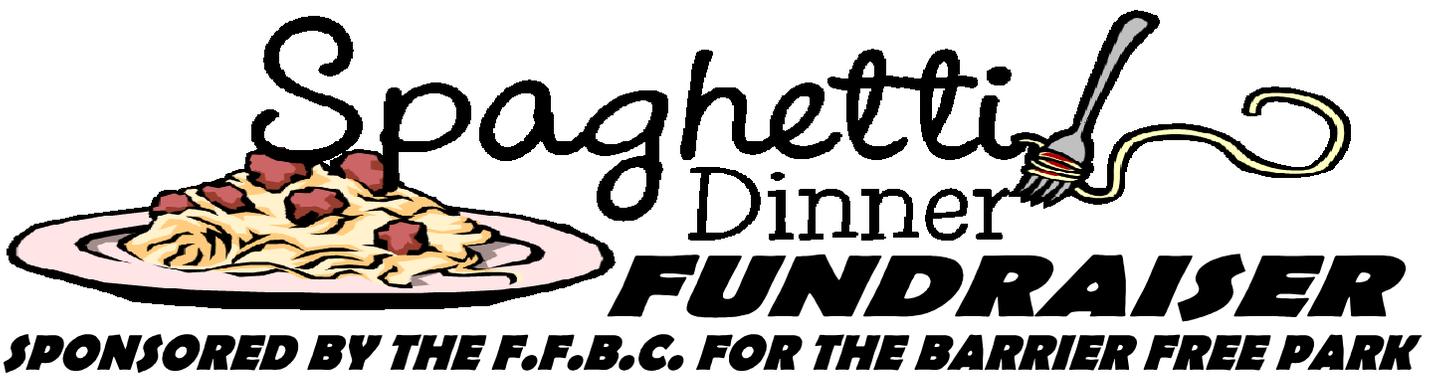
We will have fresh donuts and coffee from 9am-11am every 3rd Tuesday of the month for you to enjoy for just \$1 while supplies last! Donuts provided by the Daily Dozen Bakery.

HAPPY BIRTHDAY!



HAPPY BIRTHDAY TO YOU!

WISHING A VERY HAPPY BIRTHDAY TO OUR SEPTEMBER BORN MEMBERS! ENJOY YOUR SPECIAL DAY!



Spaghetti Dinner

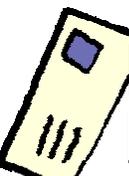
FUNDRAISER

SPONSORED BY THE F.F.B.C. FOR THE BARRIER FREE PARK

Thursday, September 19th 4pm - 7 pm
At the Fraser Activity Center

\$8 in advance, \$10 after noon on September 19th Seniors \$8 anytime

Help support the Barrier-Free Park efforts and enjoy a delicious meal too! There will be Spaghetti, salad, roll, beverage and dessert. Carry outs available as well!! You may purchase your tickets anytime at the Recreation Office. Tell your friends about this great fundraising event!



Fraud & Identity Theft

Presented by the U.S. Post Office

TUESDAY, SEPTEMBER 10TH AT 11:30AM
AT THE FRASER ACTIVITY CENTER

This seminar will address scams such as foreign lotteries, foreign sweepstakes, free prizes/vacations, Ponzi schemes, charity fraud, advance fee schemes, work at home schemes, reshipping fraud, inheritance scam and check scams. Snacks will be provided.

THIS IS A FREE EVENT. PLEASE PRE-REGISTER
AT THE
FRASER ACTIVITY CENTER OR CALL
586.296.8483



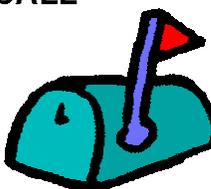
American Red Cross

BLOOD DRIVE

MONDAY, SEPTEMBER 30TH
FROM 9:30AM TO 2:15PM

AT THE FRASER ACTIVITY CENTER

Help save a few lives by donating your blood. It's simple, quick and painless! The Red Cross desperately needs your help! Please call 313.549.7053 to make an appointment, or walk in during any time of the drive!



EAR CENTER

AUDIOLOGY

TUESDAY, NOVEMBER 12TH
FROM 1:00PM TO 3:00PM

AT THE FRASER ACTIVITY CENTER



Join us at this FREE informational meeting as we discuss hearing loss and what to do when you have it. Also, free hearing tests and light refreshments will be provided.

There will also be a question and answer portion of the meeting for you to ask anything that's on your mind in regards to your hearing! Please call the office at 586.296.8483 or stop in today to sign up for this seminar.



Painting Class

By Steve Wood

September 4th 10am - Noon

This is a great program for beginners or people who just love to paint! Join television artist Steve Wood as he guides you through painting a wonderful 11" x 14" canvas painting in just a matter of two hours! All materials are provided! Sign up today, as class space is limited! \$23 members/ \$25 non-members

FLU SHOTS

Wednesday October 20th
10 am - 2 pm

At the Fraser Activity Center

PLEASE MAKE SURE TO BRING YOUR IDENTIFICATION
AND INSURANCE CARDS





September

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
	City Offices Closed Have a Wonderful Labor Day!	Casino 9a Exercise 10a Pickleball 10a	Painting Class 10a Pinochle 12:30p	Bingo 9:30a Exercise 10a Pickleball 10a Euchre 12:30p	Gun Lake Casino Trip Bridge 10a Pickleball 10a Movie 12p Euchre Tourney 6:45p	
8	9	10	11	12	13	14
	Reflexology Pinochle 12:30p Wii Games 1p	Exercise 10a Pickleball 10a Chair Yoga 11a Fraud & Theft Prevention 11:30a	Pinochle 12:30p	Bingo 9:30a Exercise 10a Pickleball 10a Euchre 12:30p	Bridge 10a Pickleball 10a Movie 12p	Family Fun Fest! 1-3p
15	16	17	18	19	20	21
	Reflexology Blood Pressure Check 11:45a Pinochle 12:30p Wii Games 1p	Coffee & Donuts 9-11a Exercise 10a Pickleball 10a Chair Yoga 11a Bunco 12:30p	Pinochle 12:30p	Bingo 9:30a Exercise 10a Pickleball 10a Euchre 12:30p Spaghetti Dinner 4-7p	Bridge 10a Pickleball 10a Movie 12p	
22	23	24	25	26	27	28
	Reflexology Pinochle 12:30p Wii Games 1p	Exercise 10a Pickleball 10a Chair Yoga 11a Rovers 11a	Pinochle 12:30p	Bingo 9:30a Exercise 10a Pickleball 10a Euchre 12:30p	Bridge 10a Pickleball 10a Movie 12p	
29	30					
	Blood Drive 9:30-2:30p Reflexology Pinochle 12:30p Wii Games 1p					