



THE GOLDEN GAZETTE

DECEMBER 2015

"A Very Merry Rustic Christmas"

CHRISTMAS PARTY

Friday, December 18th

Doors at 11am, Dinner at 11:30am

\$13 Members, \$15 Non-members



Price includes a catered meal from Schotts Catering, a performance from the Fraser High School Singers, and a special homemade gift from the Activity Center Staff!

Menu includes roast beef with gravy, potatoes, glazed baby carrots, rolls, garden salad, beverages and cheesecake for dessert!

Must register by December 4th!

**Fraser Activity Center 34935 Hidden Pine Dr., Fraser MI 48026
Office Phone: 586.296.8483 Van Service Phone: 586.294.4611
Office : M.-TH. 9AM-4:30PM, F. 9AM-2:30PM**

Weekly Events at the Center

Bingo

Every Thursday at 9:30am
Come and try your luck at Bingo! Cost is \$2 for 3 cards. Prizes awarded for a Bingo!
Drop-in fee of \$.25 applies.

Cards

Pinochle - Mondays and Wednesdays 12:30pm
Euchre - Thursdays at 12:30pm
Duplicate Bridge - Fridays at 10am
Drop-in fee of \$.25 applies.

Reflexology & Massage by Roberta

Mondays by appointment only
Roberta Eggart has been a certified practitioner for 20 years. She uses pressure points on the hands, feet or back to massage, relax and promote good health. Call for an appointment (586) 445-9944

Seniors Co-ed 55+ Pickleball

Tuesdays, Thursdays & Fridays at 10am
Drop-in fee: \$1 members, \$2 non-members.

Seniors Co-ed 55+ Volleyball

Mondays and Wednesdays at 10am
Starting October 5th.
Drop-in fee: \$1 members, \$2 non-members.

Wii Games - Bowling

Every Wednesday at 12:45pm
Wii can be done while seated or standing
Drop-in fee of \$.25 applies

Low Impact Aerobics Class

Tuesdays and Thursdays at 10am
This class is for the beginner or intermediate exerciser. Can be done sitting, standing or combination. Drop-in fee of \$.25 applies.

Thank You 

With much appreciation, we would like to thank the following businesses for their kindness, generosity and helpfulness. We are overjoyed and beyond thankful!

*American House Sterling Meadows
For the wonderful Bingo treats*

*Oakmont Senior Communities
for the delicious Duplicate Bridge treats*

*American House East I and East II
For the Harvest Party dessert.
The pies were wonderful!*

*Nursing Unlimited Incorporated
For the many decks of playing cards
for our card groups and tournaments*

EUCHRE TOURNAMENTS

December 4th, January 8th, February 5th, March 4th at the Fraser Activity Center
Sign up at 6:30pm, Game begins at 7pm sharp

Ages 18+ welcome. Rules available at the Center. Two 50/50 raffles are available, and coffee and water are provided. Cost is \$5 per person, with optional \$1 high game.



HOUSES OF WORSHIP

A TOUR OF HISTORIC DETROIT CHURCHES

Monday, March 7th

**Bus departs at 9:00am and
returns approximately 4:30pm**

Members \$55, Non-members \$58
(Includes tour, transportation & lunch)

Your tour will include the following*:
*People's Community, Outer Drive Faith Lutheran,
St. John Christian Methodist Episcopal, St. Moses the Black
Christ the King. * Churches are subject to change.**



Magic Flute

At the Detroit Opera House
Friday, May 13th

Bus departs at 10am
Performance at 11am

Members \$30, Non-members \$35
(Includes transportation and performance)



SHOPPING TRIP TO LAKESIDE MALL

TUESDAY, DECEMBER 15TH

BUS DEPARTS AT 10:00AM, RETURNS AT 1:00PM

COST IS \$2/MEMBER OR \$5/NON-MEMBER

SEATING IS VERY LIMITED. PLEASE SIGN UP SOON!

LEARN TO PLAY BRIDGE!

Tuesdays, 6pm to 8pm

At the Fraser Activity Center

Starting January 26th for 10 weeks

Have you always wanted to learn how to play the card game Bridge, but never had anyone to teach you? Well we can! We will be holding a Bridge class that will teach you everything you need to know over the course of ten weeks. This class is for ages 21 and older.

Please register no later than January 15th.



**Cost is \$30
Per
Person**



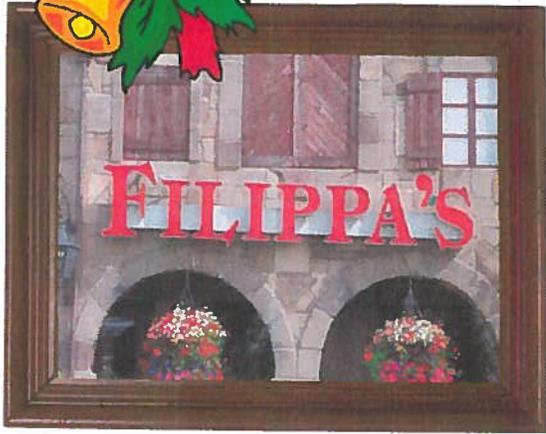


RESTAURANT ROVERS

Filippa's Wine Barrel

Tuesday, December 22nd
Bus departs at 11:30am

Members \$4, Non-Members \$6



Looking for the perfect gift?

The Fraser Activity Center is now offering gift certificates in any denomination for our senior programming! Buy one today for that special friend or family member who claims to have everything already... There's always room to add more amazing memories!

Refunds, exchanges, or transfers on programs or events will only be given if the cancellation is made 72 hours in advance at the director's discretion (for FAC programs only). No-shows or late notice cancellations will not be given a refund, exchange or transfer.



Matter of Balance Class

Do you have concerns about falling? Join us for 8 exciting sessions full of new informational tips, group exercises to increase strength, flexibility and endurance, and to share solutions and positive thinking!

Beginning Thursday, February 4th

12:30pm to 2:30pm

\$12 Members, \$14 Non-members

Register no later than Friday, January 22nd

MANAGING CONCERNS ABOUT FALLS

Greektown Casino

Monday, February 1st -

Bus departs at 9:30am and returns at 3pm

\$18/Member, \$20/Non-member

Includes transportation & \$20 bonus play!

Enjoy a day downtown at Greektown Casino! Must register in advance for this trip. We must have your Greektown rewards number at the time of registration. The Activity Center reserves the right to cancel due to weather conditions and number of participants.



Tuesday, February 16th

Bus departs at 10:30am, painting class begins at 11am (approx. 2 hours class)

\$38/Member, \$40 Non-member

Looking for a fun day out? Unleash your creative side with Painting with a Twist! The talented team of instructors guides you step by step through the day's featured painting. Pop, water and wine are available for purchase for additional cost.

Fraser Public Library Fundraiser

DOWNTON ABBEY

Saturday, January 16th

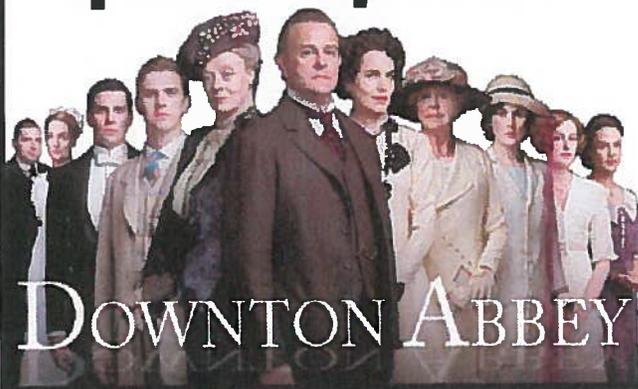
2pm to 5pm at the Fraser Activity Center

Cost is \$25 per ticket

Cost includes a presentation on changing fashion of the early 1900's, an English style tea with scones and a raffle of Downton Abbey products

Tickets can be purchased at the Library or Activity Center

Proceeds will go towards Library shelving & repairs



Happy Birthday to our December born members!



December 2015



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Exercise 10a Pickleball 10a Chair Yoga 11a Ford Mansion Tour 10a	2 Volleyball 10a Pinochle 12:30p Wii 12:45p	3 Bingo 9:30a Exercise 10a Pickleball 10a Euchre 12:30p	4 Bridge 10a Pickleball 10a Euchre Tournament 6:30p	5
6	7 Reflexology Volleyball 10a Pinochle 12:30p Greektown 9:30a	8 Exercise 10a Pickleball 10a Chair Yoga 11a Red Hats 11a	9 Volleyball 10a Pinochle 12:30p Wii 12:45p	10 Bingo 9:30a Exercise 10a Pickleball 10a Euchre 12:30p	11 Bridge 10a Pickleball 10a	12
13	14 Reflexology Volleyball 10a Pinochle 12:30p	15 Exercise 10a Pickleball 10a Chair Yoga 11a Lakeside Mall Shopping 10a	16 Volleyball 10a Pinochle 12:30p Wii 12:45p	17 Bingo 9:30a Exercise 10a Pickleball 10a Euchre 12:30p	18 <i>No Senior Programs</i> Senior Christmas Party 11a	19
20	21 Reflexology Volleyball 10a Pinochle 12:30p	22 Exercise 10a Pickleball 10a Chair Yoga 11a Rovers 11:30a	23 Volleyball 10a Pinochle 12:30p Wii 12:45p	24 <i>Center Closed for the Holidays</i>	25 <i>Center Closed for the Holidays</i>	26
27	28 <i>Center Closed for the Holidays</i>	29 <i>Center Closed for the Holidays</i>	30 <i>Center Closed for the Holidays</i>	31 <i>Center Closed for the Holidays</i>		